

MASTER WORKSHOP LESSON PLAN: ENGAGING MEN AND BOYS IN ENDING VIOLENCE AGAINST WOMEN (DAY 1)

WORKSHOP: *Engaging Men and Boys in Ending Violence Against Women*

GOALS AND OBJECTIVES:

Participants will be motivated to take action in ending violence against women and girls, apply local knowledge and culturally relevant elements to engaging with boys in ending violence, and they will draft a plan to apply tools and knowledge from this training to their own community.

LEARNING OUTCOMES:

- Participants will learn the reasons and philosophy behind engaging men and boys in ending sexist violence and behaviours
- Participants will gain news skills in engaging boys aged 10-18
- Participants will have an increased knowledge of local resources to help with engaging men and boys in ending violence

OVERVIEW

This is day one of 2 day workshop for youth workers, teachers, service providers who work with youth, coaches, and those with experience working with youth.

TIME	Facilitator	WORKSHOP CONTENT	OBJECTIVES	SUPPLIES
10		Settling in time	Allow participants to get comfortable with the space, other participants, help themselves to coffee etc.	
20		<p align="center">Introductory Activities</p> <p>Opening Prayer / Acknowledgement of land</p> <p>Facilitator Introductions <i>Who we are, our role in this training, the agenda for the training</i></p> <p>Community Agreement</p>	<p>Set the tone for the session</p> <p>Give respect and acknowledgement of FN culture and history</p> <p>Allow participants to get to know each other and the facilitators</p>	<p>Name tags</p> <p>Promo material</p> <p>Flip chart</p> <p>Markers</p>
15		<p>Participant Introductions: Group Resume</p> <p>Participants share experiences and strengths.</p>	<p>This activity creates a space where all experience is valued and gives the group an idea of what everyone brings to the training</p>	<p>Activity Guide</p> <p>Index Cards</p> <p>Markers</p> <p>Flip Chart</p>

MASTER WORKSHOP LESSON PLAN: ENGAGING MEN AND BOYS IN ENDING VIOLENCE AGAINST WOMEN (DAY 1)

15		<p>Group Share: Ask the group to share their reasons for being here.</p>	<p>Gives everyone the opportunity to share and allows the facilitators to gage expectations</p> <p>We will evaluate against this at the end of the training</p>	<p>Flip Chart Markers</p>
5		<p>Rate our own engagement Introduce the Engagement Spectrum. Each person places a sticker where they feel they are now. (Later in the training, with a different colour sticker, we will ask people to re-assess themselves).</p>	<p>Introduce the idea of the engagement spectrum</p>	<p>Engagement Spectrum Flip Chart Stickers</p>
10		<p>BREAK</p>		
10		<p>Local Context: Brief Discussion of the Needs Based Assessment Question for the group: How does this fit with your experience?</p>	<p>Introduce some key findings from the NA Emphasize that experiences of locals on the ground has influenced the design of this training</p>	<p align="center">?</p>
30		<p>Gender Transformative Programming: Porcupine Quill (Man Box) (See activity guide for description) Greater Expectations (see activity guide for description) Discussion points: 1) How can you use these activities to intervene or take positive actions? 2) Reflect on how this will impact your own</p>	<p>Building healthy, positive masculinities through local/traditional roles and through challenging stereotypes/progressive approaches</p>	<p>Activity Guide Flip Chart Paper Markers Tough Guise 2</p>

MASTER WORKSHOP LESSON PLAN: ENGAGING MEN AND BOYS IN ENDING VIOLENCE AGAINST WOMEN (DAY 1)

		<p>educational practice.</p> <p>Other resources: Tough Guise 2 (film) – “A Taught Behaviour” or “Beyond the Tough Guise” James Bond clip on youtube</p> <p>Owning Up Session 6: Ripped and Shredded (p.276) Men’s Stand Ups: Reaching Men (p.265)</p>		
5		Introduce the Tool Kit	Participants will understand the contents and where to find it	Copy of the toolkit
20		<p>Applying your own approach:</p> <p>Hand-out Engagement Continuum worksheet</p>	Have people discuss and explore their own practice and the tools presented	Engagement Continuum Worksheet
45		LUNCH!!!		
20		<p>Myth Busting Game:</p> <p>Mythical Tic Tac Toe: 2 teams answer questions, if they get it correct they get to put an X or an O on the board. Winners a prize.</p>	Discuss myths and facts about violence against women and girls.	Fact sheet Prize?
30		<p>Matter of Consent</p> <p>Use the toolkit to explore what freely given consent means and scenarios to illustrate this.</p> <p>Reflection on how this applies to your own educational practice</p>	Educate about the laws about sexualized assault and consent	
5		Quick Break!		

MASTER WORKSHOP LESSON PLAN: ENGAGING MEN AND BOYS IN ENDING VIOLENCE AGAINST WOMEN (DAY 1)

30		<p>Social Ecological Model: Hand-out group worksheets and groups share.</p>	Identify community's strengths and connections	Social Ecological Model Worksheet
15		Break!		
45		<p>First Nations Guest Speaker: Traditional gender roles and healthy relationships.</p> <p>Debrief: How can we incorporate these lessons into our work? How can we continue to support FN culture through our work?</p> <p>Extra Options: Live a Life of Integrity: Lessons and Teachings from Indigenous Male Role Models (youtube)</p>	Underscore the importance of FN culture	
10		Evaluations	Explain how we use evaluations and that its important for our records	Eval Forms
15		Closing Activity	Time to share reflections from the day	